

Unit 2: Calculations on motion in one dimension

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Unit outcomes

By the end of this unit you will be able to:

- Do calculations on components of motion.
- Solve problems using linear equations of motion (horizontal).

What you should know

Before you start this unit, make sure you can:

- Describe motion.
- Identify and define the [components of motion](#).

Introduction

In this unit¹ you will apply your understanding of the components of motion in one dimension using linear equations. This will help you to solve problems about motion in one direction and equip you to understand how these concepts apply to everyday life.

There are three equations for linear motion with constant acceleration. They can be used to calculate, and therefore predict, the outcome of motion when three out of the four variables are known.

Equations for linear motion

The symbols for the variables in the equations for linear motion are:

v_i = initial velocity (in $\text{m}\cdot\text{s}^{-1}$)

v_f = final velocity (in $\text{m}\cdot\text{s}^{-1}$)

a = acceleration (in $\text{m}\cdot\text{s}^{-2}$)

s = displacement/distance in a straight line (in m)

Δt = time (in s)

You must learn the symbols and the units in which they are measured. Any variables given in other units must be converted before they are substituted into the equations.

The equations for linear motion are:

1. Parts of the text in this unit were sourced from [Siyavula Physical Science Gr 10 Learner's Book, Chapter 21](#), released under a CC-BY licence.

$$v_f = v_i + a\Delta t \text{ equation 1}$$

$$s = v_i\Delta t + \frac{1}{2}a\Delta t^2 \text{ equation 2}$$

$$v_f^2 = v_i^2 + 2as \text{ equation 3}$$

These equations do not need to be learnt off by heart. They will be given to you on a data sheet.

Each equation has four variables. You will need any three known quantities to be able to calculate the fourth unknown one.

Strategy for problem solving

This useful strategy will help you solve problems about motion in one dimension.

1. Read the question carefully and identify the known variables. Write them down.
2. Identify the variable that needs to be calculated. Write it down.
3. Find the equation that uses the four variables you have written down. Write it down.
4. Check units of given variables and convert if required. (to convert $\text{km}\cdot\text{h}^{-1}$ to $\text{m}\cdot\text{s}^{-1}$ \div by 3.6)
5. Choose a direction as positive (usually forward). If the object is slowing down, and the value of the acceleration is given in the question, give it a negative sign.
6. Substitute values into the equation (you must show this step).
7. Calculate the answer.
8. Give the answer with the appropriate units and use the sign (+ or -) of the answer to give a direction (this will not apply if you are calculating time).
9. If there are different parts of a journey, these steps must be done for each part.

Note

Sometimes there is implied information in the question. Take note of the following:

- If an object 'starts from rest', then $v_i = 0$.
- If an object 'comes to rest' OR stops, then $v_f = 0$.
- Slowing down means acceleration is negative while still moving in a positive direction.
- Constant velocity means $a = 0$ and $v_f = v_i$ (you can use this formula: $\vec{v} = \frac{\Delta s}{\Delta t}$).



Example 2.1

A racing car is travelling north. It accelerates uniformly covering a distance of 725 m in 10 s. If it has an initial velocity of $10 \text{ m}\cdot\text{s}^{-1}$, find its acceleration.

Solution

Step 1: Identify what information is given and what is asked for, and choose a direction as positive

We are given:

$$s = 725 \text{ m}$$

$$v_i = 10 \text{ m.s}^{-1}$$

$$\Delta t = 10 \text{ s}$$

$$a = ?$$

Let north be positive

Step 2: Find an equation of motion with these four variables

We can use equation 2

$$s = v_i \Delta t + \frac{1}{2}a\Delta t^2$$

Step 3: Check units of given variables

All units are correct.

Step 4: Substitute your values in and find the answer

$$725 = 10(10) + \frac{1}{2}(a)(10)^2$$

$$a = 12.5 \text{ m.s}^{-2}$$

Step 5: Quote the final answer with a direction

The racing car is accelerating at 12.5 m.s^{-2} north (because answer is positive and we chose north as positive).



Example 2.2

A motorcycle, travelling east, starts from rest, moves in a straight line with a constant acceleration and covers a distance of 64 m in 4 s . Calculate:

- its acceleration
- its final velocity
- at what time the motorcycle had covered half the total distance
- what distance the motorcycle had covered in half the total time.

Solution

Step 1: Identify what information is given and what is asked for, and choose a direction as positive

We are given:

$$s = 64 \text{ m}$$

$$v_i = 0$$

$$\Delta t = 4 \text{ s}$$

$$a = ?$$

$$v_f = ?$$

Information changes for question c and d. We will list these later.

Let east be positive.

Step 2: Check units

All units are correct.

Step 3: Find the correct equations, substitute and calculate answers

For acceleration we can use equation 2:

$$s = v_i \Delta t + \frac{1}{2} a \Delta t^2$$

$$64 = 0 + \frac{1}{2}(a)(4)^2$$

$$a = 8 \text{ m.s}^{-2} \text{ east}$$

For final velocity we can use equation 1:

$$v_f = v_i + a \Delta t$$

$$= 0 + 8(4)$$

$$= 32 \text{ m.s}^{-1} \text{ east}$$

Step 4: Change information for question c)

$$s = 32 \text{ m}$$

$$v_i = 0$$

$$a = 8 \text{ m.s}^{-2}$$

$$\Delta t = ?$$

We can use equation 2:

$$s = v_i \Delta t + \frac{1}{2} a \Delta t^2$$

$$32 = 0 + \frac{1}{2}(8)\Delta t^2$$

$$\Delta t = 2.83 \text{ s}$$

Step 5: Change information for question d)

$$s = ?$$

$$v_i = 0 \text{ (starts from rest - still applies)}$$

$$\Delta t = 2 \text{ s (half the time)}$$

$$a = 8 \text{ m.s}^{-2} \text{ (still applies)}$$

We can use equation 2:

$$s = v_i \Delta t + \frac{1}{2} a \Delta t^2$$

$$= 0 + \frac{1}{2}(8)(2)^2$$

$$= 16 \text{ m east}$$



Exercise 2.1

1. A car starts off at 10 m.s^{-1} and accelerates at 1 m.s^{-2} for 10 s . What is its final velocity?
2. A train starts from rest and accelerates at 1 m.s^{-2} for 10 s . How far does it move?
3. A bus is going 30 m.s^{-1} and stops in 5 s . What is its stopping distance for this speed?
4. A racing car going at 20 m.s^{-1} stops in a distance of 20 m . What is its acceleration?
5. A train has a uniform acceleration of 4 m.s^{-2} . Assume the ball starts from rest. Determine the velocity and displacement at the end of 10 s .
6. A motorcycle has a uniform acceleration of 1.4 m.s^{-2} . The motorcycle has an initial velocity of 20 m.s^{-1} . Determine the velocity and displacement at the end of 12 s .

The [full solutions](#) are at the end of the unit.

Applications of linear equations of motion in real life

What we have learnt in this chapter can be directly applied to road safety. We can analyse the relationship between speed and stopping distance. The following example illustrates this application.

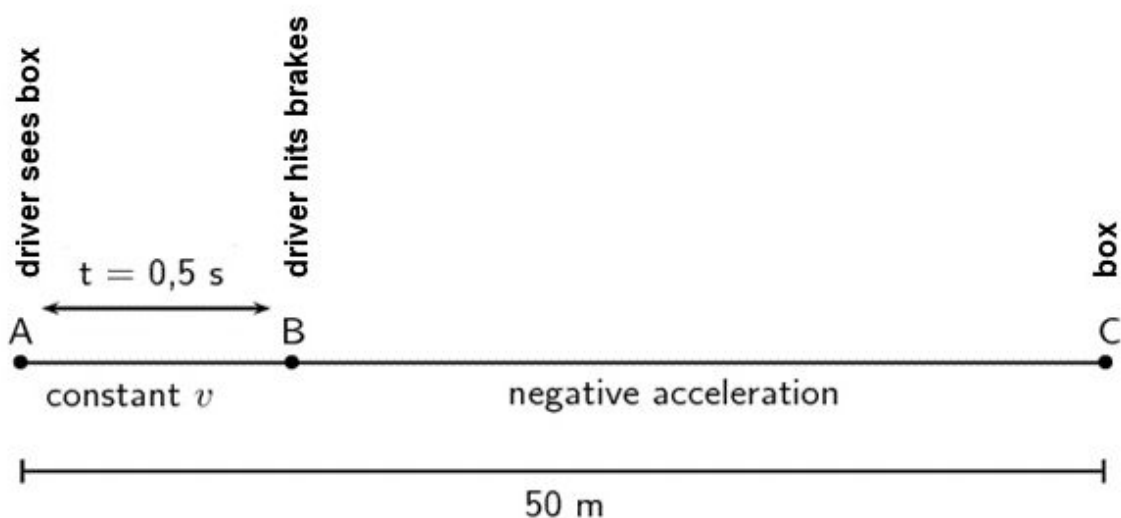


Example 2.3

A truck is travelling at a constant velocity of 10 m.s^{-1} when the driver sees a box 50 m in front of him in the road. He hits the brakes to stop the truck. The truck decelerates at a rate of 1.25 m.s^{-2} . His reaction time to hit the brakes is 0.5 s . Will the truck hit the box?

Solution

Step 1: Analyse the problem and identify what information is given
It is useful to draw a timeline like this one:



We need to know the following:

- What distance the driver covers before hitting the brakes.
- What distance it takes the truck to stop after hitting the brakes.
- What total distance the truck covers to stop.

Step 2: Calculate the distance AB

Before the driver hits the brakes, the truck is travelling at constant velocity. There is no acceleration and therefore the equations of motion are not used. To find the distance travelled, we use:

$$\vec{v} = \frac{\Delta s}{\Delta t}$$

$$10 = \frac{\Delta s}{0.5}$$

$$\Delta s = 5 \text{ m}$$

The truck covers 5 m before the driver hits the brakes.

Step 3: Calculate the distance required to stop

We have the following for the motion:

Let forward be positive

$$v_i = 10 \text{ m.s}^{-1}$$

$$v_f = 0 \text{ (truck must stop)}$$

$$a = -1.25 \text{ m.s}^{-2} \text{ (slowing down so } a \text{ is negative)}$$

$$s = ?$$

We can use equation 3:

$$v_f^2 = v_i^2 + 2as$$

$$0 = 10^2 + 2(-1.25)s$$

$$s = 40 \text{ m}$$

The truck will need another 40 m to come to a stop.

Step 4: Calculate the total distance for the truck to stop and compare to distance AC

$$\text{Total distance for truck to stop} = 5 + 40 = 45 \text{ m}$$

$$\text{Distance AC} = 50 \text{ m}$$

The truck will not hit the box.

Summary

In this unit you have learnt the following:

- The equations of linear motion can be used to predict the outcome of the motion of an object.
- The equations can be used for linear motion only.
- The equations can only be used when the acceleration is constant/uniform.

Unit 2: Assessment

Suggested time to complete: 30 minutes

- A car is moving at 30 m.s^{-1} east when a driver steps on the brakes. The car's velocity decreases uniformly to 20 m.s^{-1} in 10 s . Calculate:
 - the acceleration of the car
 - the displacement of the car during the braking.
- A car is driven at 25 m.s^{-1} in a municipal area. When the driver sees a traffic officer at a speed trap, he realises he is travelling too fast. He immediately applies the brakes of the car while still 100 m away from the speed trap.
 - Calculate the magnitude of the minimum acceleration which the car must have to avoid exceeding the speed limit if the municipal speed limit is 16.6 m.s^{-1} .
 - Calculate the time from the instant the driver applied the brakes until he reaches the speed trap. Assume that the car's velocity, when reaching the trap, is 16.6 m.s^{-1} .
- A bus on a straight road starts from rest at a bus stop and accelerates at 2 m.s^{-2} until it reaches a speed of 20 m.s^{-1} . Then the bus travels for 20 s at a constant speed until the driver sees the next bus stop in the distance. The driver applies the brakes, stopping the bus in a uniform manner in 5 s .
 - How long does the bus take to travel from the first bus stop to the second bus stop?
 - What is the average speed of the bus during the trip?
- A boy on a bicycle cycles at a constant speed of 15 m.s^{-1} . When he passes the driver of a stationary car, the driver starts to accelerate the car uniformly. If the boy and the driver are in line with one another 7 seconds later:
 - Calculate how far the car has travelled in those 7 seconds.
 - Calculate the acceleration of the car.
 - Calculate the velocity of the car as it passes the boy.
- A truck is moving forward at a constant speed of 20 m.s^{-1} on a horizontal road. At point X the driver sees a stationary car ahead and hits the breaks 0.35 s later at Y. The magnitude of the average acceleration of the truck is 2.5 m.s^{-2} . The truck manages to stop 2 m away from the car at point Z.



- What is the reaction time of the driver?
 - Calculate how far the truck travels before the brakes are applied.
 - Calculate how long it takes before the truck comes to rest from the moment the car is seen.
 - Calculate the braking distance of the truck.
 - Write down how far point X is from the car.
- At the regional championships, Mandla ran the first 20 m of the 100 m race in a time of 3.4 s .
 - Calculate his average speed for the first 20 m of the race.
 - For the first 20 m Mandla's acceleration is uniform. Calculate the acceleration.
 - Calculate his speed after the first 20 m of the race.
 - Will Mandla be able to better his personal best time of 10.8 s if he maintains his speed after the first 20 m of the race? Motivate your answer with a calculation.

7. In 1938, a British train, the 'Mallard' set a world record for the fastest steam train of 200 km.h^{-1} . The train passed Stoke Summit travelling at 34 m.s^{-1} . It then accelerated uniformly reaching a maximum speed of 56 m.s^{-1} after covering a distance of $9\ 600 \text{ m}$.

- Convert 200 km.h^{-1} to m.s^{-1} .
- Calculate the acceleration of the train from the time it passed Stoke Summit to when it reached its maximum speed.

Once the train had reached its maximum speed it continued at this speed for a further 500 m when it was decided to stop the train. It took 120 s to bring the train uniformly to a standstill.

- Calculate the distance covered from the moment the train reached maximum speed.

The [full solutions](#) are at the end of the unit.

Unit 2: Solutions

Exercise 2.1

- Let forward be positive

$$v_i = 10 \text{ m.s}^{-1}$$

$$a = 1 \text{ m.s}^{-2}$$

$$\Delta t = 10 \text{ s}$$

$$v_f = ?$$

$$v_f = v_i + a\Delta t$$

$$= 10 + 1(10)$$

$$= 20 \text{ m.s}^{-1} \text{ forward}$$

- Let forward be positive

$$v_i = 0$$

$$a = 1 \text{ m.s}^{-2}$$

$$\Delta t = 10 \text{ s}$$

$$s = ?$$

$$s = v_i\Delta t + \frac{1}{2}a\Delta t^2$$

$$= 0 + \frac{1}{2}(1)(10)^2$$

$$= 50 \text{ m}$$

- Let forward be positive

$$v_i = 30 \text{ m.s}^{-1}$$

$$v_f = 0$$

$$\Delta t = 5 \text{ s}$$

$$s = ?$$

$$v_f = v_i + a\Delta t$$

$$0 = 30 + a(5)$$

$$a = -6 \text{ m.s}^{-2}$$

$$s = v_i\Delta t + \frac{1}{2}a\Delta t^2$$

$$= 30(5) + \frac{1}{2}(-6)(5)^2$$

$$= 75 \text{ m forward}$$

4. Let forward be positive

$$v_i = 20 \text{ m.s}^{-1}$$

$$v_f = 0$$

$$s = 20 \text{ m}$$

$$a = ?$$

$$v_f^2 = v_i^2 + 2as$$

$$0 = (20)^2 + 2(a)(20)$$

$$a = -10 \text{ m.s}^{-2}$$

$$= 10 \text{ m.s}^{-2} \text{ backwards}$$

5. Let forward be positive

$$a = 4 \text{ m.s}^{-2}$$

$$v_i = 0$$

$$\Delta t = 10 \text{ s}$$

$$v_f = ?$$

$$s = ?$$

$$v_f = v_i + a \Delta t$$

$$= 0 + 4(10)$$

$$= 40 \text{ m.s}^{-1} \text{ forward}$$

$$s = v_i \Delta t + \frac{1}{2}a \Delta t^2$$

$$= 0 + \frac{1}{2}(4)(10)^2$$

$$= 200 \text{ m forward}$$

6. Let forward be positive

$$a = 1.4 \text{ m.s}^{-2}$$

$$v_i = 20 \text{ m.s}^{-1}$$

$$\Delta t = 12 \text{ s}$$

$$s = ?$$

$$v_f = v_i + a\Delta t$$

$$= 20 + 1.4(12)$$

$$= 36.8 \text{ m.s}^{-1} \text{ forward}$$

$$s = v_i\Delta t + \frac{1}{2}a\Delta t^2$$

$$= 20(12) + \frac{1}{2}(1.4)(12)^2$$

$$= 340.8 \text{ m forward}$$

Unit 2: Assessment

1. Let east be positive

a.

$$v_i = 30 \text{ m.s}^{-1}$$

$$v_f = 20 \text{ m.s}^{-1}$$

$$\Delta t = 10 \text{ s}$$

$$v_f = ?$$

$$a = ?$$

$$v_f = v_i + a\Delta t$$

$$20 = 30 + a(10)$$

$$a = -1 \text{ m.s}^{-2}$$

$$= 1 \text{ m.s}^{-2} \text{ west}$$

b.

$$s = ?$$

$$s = v_i\Delta t + \frac{1}{2}a\Delta t^2$$

$$= 30(10) + \frac{1}{2}(-1)(10)^2$$

$$= 250 \text{ m east}$$

2. Let forward be positive

a.

$$v_i = 25 \text{ m.s}^{-1}$$

$$v_f = 16.6 \text{ m.s}^{-1}$$

$$s = 100 \text{ m}$$

$$a = ?$$

$$v_f^2 = v_i^2 + 2as$$

$$16.6^2 = 25^2 + 2a(10)$$

$$a = -1.75 \text{ m.s}^{-2}$$

$$= 1.75 \text{ m.s}^{-2} \text{ backwards}$$

b.

$$v_f = v_i + a\Delta t$$

$$16.6 = 25 + (-1.75)t$$

$$t = 4.8 \text{ s}$$

3.

a. Let forward be positive

Find time from A to B

$$v_i = 0$$

$$v_f = 20 \text{ m.s}^{-1}$$

$$a = 2 \text{ m.s}^{-2}$$

$$\Delta t = ?$$

$$v_f = v_i + a\Delta t$$

$$20 = 0 + 2\Delta t$$

$$\Delta t = 10 \text{ s}$$

$$\text{Total time} = 10_{\text{AB}} + 20_{\text{BC}} + 5_{\text{CD}} = 35 \text{ s}$$

- b. Need to find the total distance from A to D

$$s_{\text{AB}} = v_i \Delta t + \frac{1}{2} a \Delta t^2$$

$$= 0 + \frac{1}{2} (2)(10)^2$$

$$= 100 \text{ m}$$

$$s_{\text{BC}} v = \frac{\Delta s}{\Delta t} \text{ (constant velocity)}$$

$$20 = \frac{\Delta s}{20}$$

$$\Delta s_{\text{BC}} = 400 \text{ m}$$

$$s_{\text{CD}} : v_i = 20 \text{ m.s}^{-1} \quad v_f = v_i + a \Delta t$$

$$v_f = 0 \quad 0 = 20 + a(5)$$

$$\Delta t = 5 \text{ s} \quad a = -4 \text{ m.s}^{-2}$$

$$v_f^2 = v_i^2 + 2as$$

$$0 = 20^2 + 2(-4)(s)$$

$$s = 50 \text{ m}$$

$$\text{Total distance} = 100 + 400 + 50 = 550 \text{ m}$$

$$v_{\text{av}} = \frac{s_{\text{total}}}{t_{\text{total}}} = \frac{550}{35} = 15.71 \text{ m.s}^{-1} \text{ forward}$$

4. Let forward be positive

$$\text{Boy: } v_i = 15 \text{ m.s}^{-1} \text{ (constant velocity) Car: } v_i = 0$$

$$\Delta t = 7 \text{ s} \quad \Delta t = 7 \text{ s}$$

- a.

$$\Delta s_{\text{boy}} = \Delta s_{\text{car}} \text{ (when the car and boy are in line)}$$

$$v_{\text{boy}} = \frac{\Delta s}{\Delta t}$$

$$15 = \frac{\Delta s}{7}$$

$$\Delta s_{\text{boy}} = \Delta s_{\text{car}} = 105 \text{ m forward}$$

- b.

$$s = v_i \Delta t + \frac{1}{2} a \Delta t^2$$

$$105 = 0 + \frac{1}{2} a (7)^2$$

$$a = 4.29 \text{ m.s}^{-2} \text{ forward}$$

- c.

$$v_f = v_i + a \Delta t$$

$$= 0 + 4.29(7)$$

$$= 30 \text{ m.s}^{-1} \text{ forward}$$

- 5.

- a. reaction time = 0.35 s

- b. constant velocity during reaction time:

$$v = \frac{\Delta s}{\Delta t}$$

$$20 = \frac{\Delta s}{0.35}$$

$$\Delta s = 7 \text{ m}$$

c. Calculate time while braking:

$$v_i = 20 \text{ m.s}^{-1}$$

$$v_f = 0$$

$$a = -2.5 \text{ m.s}^{-2} \text{ (slowing down, therefore negative)}$$

$$\Delta t = ?$$

$$v_f = v_i + a\Delta t$$

$$0 = 20 + (-2.5)\Delta t$$

$$\Delta t = 8 \text{ s}$$

$$\text{Total time from X to Z} = 0.35 + 8 = 8.35 \text{ s}$$

d.

$$s = v_i\Delta t + \frac{1}{2}a\Delta t^2$$

$$= 20(8) + \frac{1}{2}(-2.5)(8)^2$$

$$= 80 \text{ m}$$

e.

$$\text{X to Y} = 7 \text{ m}$$

$$\text{Y to Z} = 80 \text{ m}$$

$$\text{Z to car} = 2 \text{ m Total distance} = 89 \text{ m}$$

6. Let forward be positive

a.

$$s = 20 \text{ m}$$

$$\Delta t = 3.4 \text{ s}$$

$$v_{av} = \frac{\Delta s}{\Delta t}$$

$$= \frac{20}{3.4}$$

$$= 5.88 \text{ m.s}^{-1}$$

b.

$$v_i = 0$$

$$s = 20 \text{ m}$$

$$\Delta t = 3.4 \text{ s}$$

$$s = v_i\Delta t + \frac{1}{2}a\Delta t^2$$

$$20 = 0 + \frac{1}{2}a(3.4)^2$$

$$a = 3.46 \text{ m.s}^{-2} \text{ forward}$$

c.

$$v_f = v_i + a\Delta t$$

$$= 0 + 3.46(3.4)$$

$$= 11.76 \text{ m.s}^{-1}$$

d.

$$s = 80 \text{ m}$$

$$v = 11.76 \text{ m.s}^{-1}$$

$$\Delta t = ?$$

$$v = \frac{\Delta s}{\Delta t}$$

$$11.76 = \frac{80}{\Delta t}$$

$$\Delta t = 6.8 \text{ s}$$

$$\text{Total } t = 3.4 + 6.8 = 10.2 \text{ s}$$

This is better than his personal best of 10.8 s

7.

a. $200 \div 3.6 = 55.56 \text{ m.s}^{-1}$

b. Let forward be positive

$$v_i = 34 \text{ m.s}^{-1}$$

$$v_f = 56 \text{ m.s}^{-1}$$

$$s = 9\,600 \text{ m}$$

$$v_f^2 = v_i^2 + 2as$$

$$56^2 = 34^2 + 2a(9\,600)$$

$$a = 0.1 \text{ m.s}^{-2} \text{ forward}$$

c.

$$v_i = 56 \text{ m.s}^{-1}$$

$$v_f = 0$$

$$\Delta t = 120 \text{ s}$$

$$s = ?$$

$$v_f = v_i + a\Delta t$$

$$0 = 56 + a(120)$$

$$a = -0.47 \text{ m.s}^{-2}$$

$$v_f^2 = v_i^2 + 2as$$

$$0 = 56^2 + 2(-0.47)s$$

$$s = 3\,336.17 \text{ m}$$

$$\text{Total distance} = 500 + 3\,336.17 = 3\,836.17 \text{ m}$$

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